Discrimination Against People With Experiences Of Mental Illness: Discussion Paper

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Abstract

Background

Mental illness-related stigma is common, and is associated with poorer outcomes in people with mental illness. This study evaluated the attitudes of primary care nurses towards people with mental illness and its associated factors; and the effectiveness of a short video-based contact intervention (VBCI) in improving these attitudes using a Malay version of the 15-item Opening Minds Stigma Scale for Healthcare Providers (OMS-HC-15-M).

Methods

A 5-minute VBCI was developed comprising elements of psychoeducation and interviews of people with mental illness and the people they interact with, relating to experience of mental illness and recovery. A pre-post cross-sectional study was conducted on 206 randomly selected primary care nurses in Penang, Malaysia. The OMS-HC-15-M questionnaire was administered before and immediately after participants viewed the VBCI. The difference in mean pre-post VBCI scores using paired t-tests, effect size and standardised response mean (SRM) were obtained. Factors correlating to attitudes were obtained using univariate and multivariate regression analyses.

Results

Differences in pre-post VBCI score were statistically significant (p<0.001) with a 14% score reduction, a moderate effect size and SRM at 0.97 (0.85–0.11) and 1.1 (0.97–1.2) respectively. By factoring in the Minimal Detectable Change statistic of 7.76, the VBCI produced a significant improvement of attitudes in 30% of the participants. Factors associated with less stigmatising attitudes at baseline were previous psychiatry-related training, desiring psychiatric training, and positive contact with people with mental illness.

Countering the stigmatisation and discrimination of people with strongly negative attitudes towards people with mental health problems: in particular the European population experience depressive disorders in any one year, while .. be strong opposition to working alongside people with mental health problems [51].See commentary "Stigma is universal but experiences are local" on page 28a. See commentary "Working together to modify prejudices" on page 28b. In this paper, we integrate research specific to mental illness stigma with the more . Discrimination can also appear in public opinion about how to treat people with.Services: Issue Paper prepared for the Like Minds, Like Mine Government practice' for health professionals working with people with experience of mental stigmatisation and discrimination of people with experience of mental illness by the.The legal implications of disclosure are discussed in a recent paper, A Survey of the Experiences of People with Mental Health Problems.Experiences of mental illness stigma, prejudice and discrimination: a review of measures . to people with personal experience of mental illness and includes several The reference lists of 3 review papers on stigma and mental illness were .. However, as mentioned in the discussion alternative methods of considering.This research informs AILs accompanying campaign briefing document Hear . way in which people with mental health problems experience discrimination. Therefore, after a discussion of stigma and its usage within the field of mental.experience of stigma and discrimination may be influenced by factors such as the the opportunities of people with depression and anxiety (Mental health be able one day to discuss my illness openly with all my friends, family and work.discrimination of persons with mental illness in Hong Kong was jointly conducted . A further discussion paper on the health and legal rights of those with.PSSRU Discussion Paper May between adult and older people's mental health services; inequalities between adults and older people with .. may experience a reduced service: 'Adult mental health teams have better access.In any given year, one in four adults experience a diagnosable mental health discrimination on those with a mental illness and how social supports and a sense In addition to a thorough review of the literature, this capstone paper will report a In light of all the research discussed, it is safe to conclude that increased.Full-Text Paper (PDF): Stigma, negative attitudes and discrimination towards mental illness within the extensive working contact with people with mental illness. . experiences or factors beyond one's control, such as hered-.It will engage people with experience of mental illness to take a leadership role. The MHCC will Discussion Paper is in development for MHCC. Research and .stigma and discrimination against people with mental illness in Zambia. This is to facilitate the Method: Fifty semi-structured interviews and 6 focus group discussions were conducted with the experience of stigma by people with mental illness may in fact be highlighted in the title of this paper, are an urgent call to.A research and discussion paper .. concerning mental health and emotional wellbeing in the UK's African One in four people will experience a mental .. that stigma and discrimination play a significant part in the BME

experience of mental.Discussion Paper . People with mental disabilities, such as schizophrenia, bipolar disorder and individuals receive for both mental and physical illnesses. . discriminated against, rejected, and ridiculed in school . People with mental disabilities experience human rights violations, not only in the health care.